

BEAUTY BEAT

Stephanie Darling sticks her neck out for liposculpture and tells the boys how to get a close shave.



Trend Razor Gang We love this trio of razors for their looks alone, but they'll also help achieve a close shave thanks to their sharp blades. For the smoothest finish, shave just after a hot shower, when the pores of the skin are more open and the skin has been softened. Use gentle but firm pressure and shave with the grain of the beard.



luxe to less

Dovo Solingen straight razor, \$850.
Aesop double-edge razor, \$105.
Merkur Solingen Barber Pole razor, \$85.



road test

This week I try...
neck and chin liposculpture

The lowdown Some neck and chin sag has led me to Dr Meaghan Heckenberg for liposculpture. This procedure uses cannulae (blunt-ended needles) to inject fluid containing local anaesthetic and adrenalin (the latter is to help reduce bruising) into the areas that contain fat deposits. The cannulae are inserted through tiny incisions in my neck and chin. Meaghan works the cannulae back and forth over the targeted areas to dislodge fat deposits. Then the fluid, along with the fat, is suctioned out. When it's over, a facial bra that wraps around my head, neck and chin is put in place to keep the swelling at bay.

Pain factor I feel some trepidation. The process starts with twilight sedation, then local anaesthetic injections in my neck and chin. The sensation of the cannulae working under my skin is a bit unnerving and as the anaesthetic wears off my neck is sore, but nothing a painkiller won't fix.

Downtime Two hours plus two days' rest. Then about two weeks for the swelling to go down. The end result will be evident in a few months.

Results It's almost been two weeks and my chin is a perfect right angle. The skin on my neck is still quite ridged but is smoothing out daily.

Where to get it Sydney: Be Sculptured, besculptured.com.au. Cost: \$4500. Melbourne: Dr Peter Paraskevas, veinhealth.com.au. Cost: \$5000.

Follow Stephanie Darling on Instagram @mrssdarling.

cult FOLLOWING



The best-selling Little Round Blush Pot from Bourjois is the cutest blush in captivity. Each year six million of these unique little baked powder pots are sold around the world. We also love the rose fragrance. Bourjois Little Round Blush Pot in Rose Pompon, \$20, bourjois.com.au.

ASK STEPHANIE

Where should I apply blush?

Smile at yourself in the mirror and apply blush, with a brush, to the apple of your cheek and then blend up into your hairline. The key to natural looking blush is all in the blending.

If you have any beauty questions, write to stephanie@darlingbeauty.com.au.