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Male Breast Liposculpture

The procedure is an extension of liposculpture performed on other areas of the body and should be read in conjunction with the consent form for that procedure. The same risks are applicable to male breast liposculpture. Male breast liposuction/liposculpture has been used to reduce breast volume since the inception of liposuction surgery in the 1970s.

Some men may have enlarged breasts. These can be a result of hereditary factors, changes in weight, body type and other factors. Occasionally medications and drugs can also lead to enlarged breasts. Usually, the majority of breast enlargement is due to excess fat tissue. In most of these men, removal of the fatty tissue will reduce the size of the breasts. Some men, however, may have some dense breast tissue beneath the nipple which is different from fatty tissue. It is, in fact, breast tissue and unlike fat, this tissue can't be removed by liposuction alone. It may, however, be removed by a small incision in the lower section of the nipple. Referral to another practitioner who excises excess breast tissue may be requested if liposuction alone is considered unsuitable or unable to change the size and shape effectively.

The complications that could possibly occur with male breast liposuction are similar to those that can happen with most liposuction procedures. These would include bruising, temporary change or loss of sensation over the breast and nipple, swelling, persistent tenderness and discomfort over the areas treated, plus the other complications listed on the general liposculpture / liposuction consent form. In very large breasts it is possible that there may be some looseness of the skin and tissue. Patients will require proper assessment to determine eligibility for liposuction of the male breast.

Liposuction of the breast alone may not give a masculine look to the breasts. Other factors such as the shape of the bony chest wall and the development of pectoral muscles may be important contributory factors as well.

As stated, most men who request breast reduction, liposuction to the breast alone may be sufficient. Some men however, may be candidates for excision of the breast tissue from beneath the nipple. This will require a referral to another practitioner. Because an incision and cutting are required for that procedure, there are some complications that may occur. These include....

1. Complete loss of sensation to the nipple and parts of the breast. This may be permanent as the nerve to the nipple may be severed during excision of the breast tissue.
2. Irregularity to the nipple. The lower border of the nipple may appear flat. Also there may be a depression of the central section of the nipple, which may persist. A cut to the skin on or near the nipple can occur, when the skin is inverted in order to remove the tissue from beneath the nipple.
3. A keloid scar can occur in the incision site. This may disfigure the nipple and be painful, sensitive or uncomfortable.

- 4. It is theoretically possible that the blood supply to the nipple could be impaired as a result of the surgery and this could lead to permanent damage to the nipple and possibly require further surgery to repair or remove the nipple.

- 5. Breast cancer to the male breast can occur although it is extremely rare. Most, but not all of the breast tissue is removed when breast tissue is excised in men. This procedure does not make breast cancer more likely, but it is important to note that it does not fully exclude the possibility of breast cancer occurring. Any breast lump occurring at any time following surgery requires assessment by a medical practitioner and appropriate investigations.

I agree to follow the instructions given to me by my doctor, to the best of my ability, before, during and after my procedure, and to notify her of any problems that occur.

I hereby acknowledge that I have read the information on liposculpture and liposculpture of the male breast and have discussed with and asked questions of my doctor, who has answered them to my understanding and satisfaction and I agree to undergo the procedure of male breast liposculpture.

Patient's name PRINTED in full

Patient's Signature Date

Doctor's name PRINTED in full

Doctor's Signature Date